

Enriching Lives by Volunteering



By Rebecca Allen

About Sanctuary at Bellbrook

Sanctuary at Bellbrook, a retirement community located at the intersection of West Avon Road and Livernois Road offers college students the opportunity to meet the required amount of community services hours for his or her major in a warm, friendly environment while developing lasting relationships with residents and staff members.

Volunteering at Sanctuary at Bellbrook

For many college students, community service and internships are a degree requirement that can be a source of frustration. Figuring out how to fit hours of community service into an already challenging schedule can be stressful. However, Sanctuary at Bellbrook offers a different kind of community service, the kind of community service that can really benefit students, as well as the community the student is serving.



Community Life Department

Community Life director Janet Allen says that the biggest challenge for her staff of nine is spending enough time individually with the elders of Sanctuary at Bellbrook. Because the Community Life staff is responsible for activities and events, it's hard to find time for one-on-one interactions with the elders. Volunteers are most needed to give the elders some personal time to talk. The elders enjoy the intergenerational aspect of talking with student volunteers on a more personal level.

Types of Volunteers Needed

Allen said, "We try to match up the interest of the volunteer with what we have going on." Volunteers are welcomed and appreciated at Sanctuary at Bellbrook. Depending on the volunteer's interest, they can:

- Help with administrative projects
- Help with a single social event
- Plan an entire event

For more information, contact Janet Allen at allenjp@trinity-health.org. To view a list of recurring events and monthly calendars, visit [Sanctuary at Bellbrook Events](#).